



Project Update One

February 2012

Toka Tū is the name chosen for this project and comes from the whakatauki

Ahakoā akina a tai, akina a hau, he toka tū toka ahuru tatou

Although the tides and winds may come crashing down upon us, like a rock we stand resilient and comfortable in the face of adversity.

The Toka Tū project will support peer support services around New Zealand to:

- increase their capability and capacity to undertake evaluation
- develop an evidence base for recovery-focused peer support services

The overall evaluation encompasses both process and outcome evaluation. The results from Toka Tū will contribute to planning and delivery of individual services. The results will also begin to develop a New Zealand Body of Knowledge evidencing the value of peer support services.

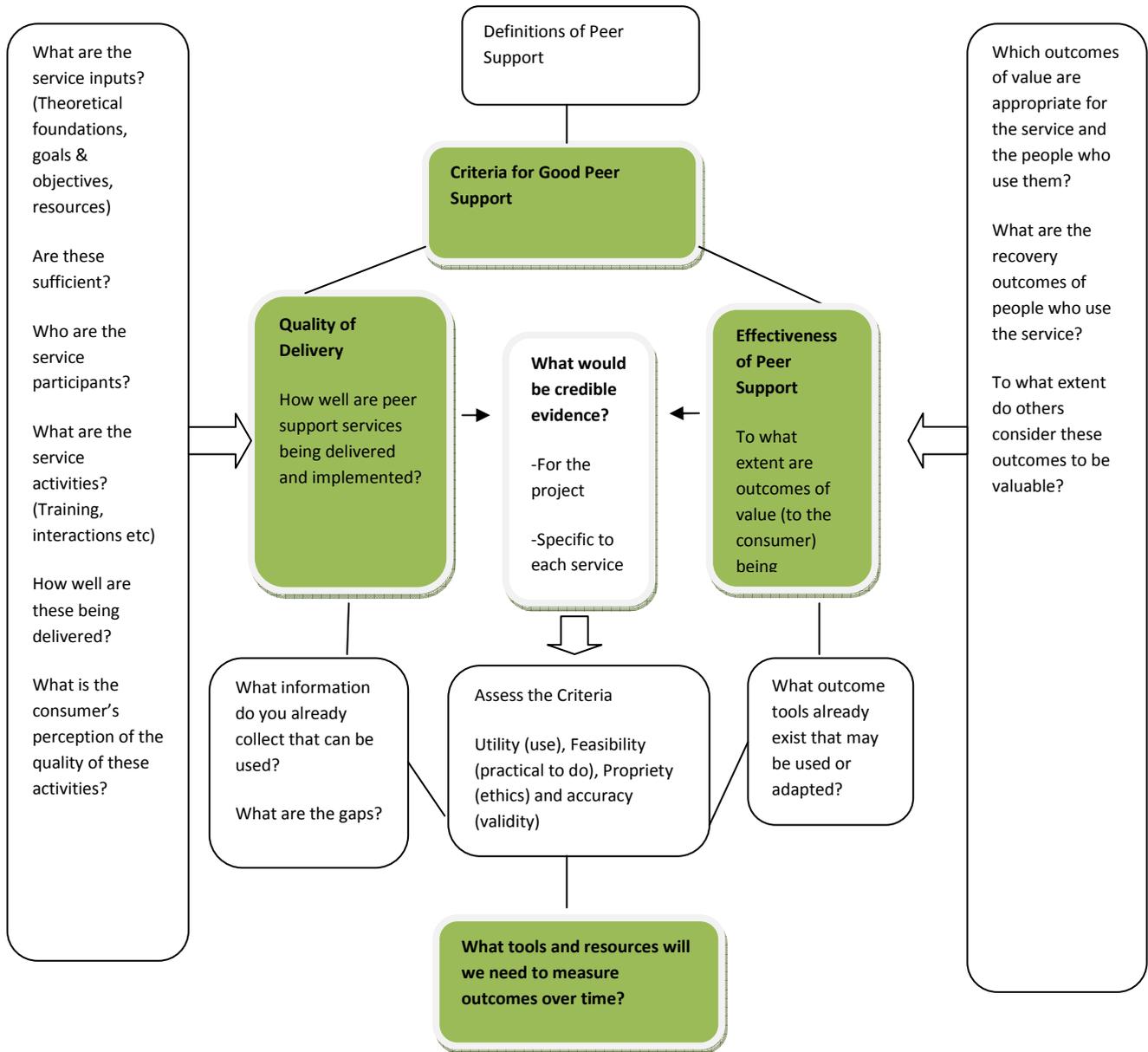
Co-investigators

10 NGOs representing 11 separate peer support services have chosen to participate in the project. The participating NGOs and services are:

- Balance Whanganui, Whanganui
- Mahi Marumaru and Reach Out ,Connect Supporting Recovery, Auckland
- JIGSAW Peer Support, Walsh Trust, Auckland
- Journeys to Wellbeing, Palmerston North
- Junction Peer Support, Turning Point Trust, Tauranga
- M.I.S.T , Whanganui
- Oasis Network, Lower Hutt
- Otago Mental Health Support Trust, Dunedin
- Te Roopu Pookai Taaniwhaniwha, Porirua¹
- Key We Way and Warmline, Wellink Trust, Wellington

¹ The project experienced difficulty recruiting a Kaupapa Maori provider. There are a small number nationally providing mental health peer support and their capacity is limited. The project team felt strongly that a Kaupapa Maori service would add value to the project and therefore recruiting Te Roopu Pookai Taaniwhaniwha as participants in the leadership group. They are not expected to partake directly in the evaluations.

Toka Tū Project Overview



Building evaluation capability and capacity

The project will involve four phases over three years:

- **Project set-up** – (Completed) A Leadership Group made up of the project team at Kites, our project advisors and representatives from each participating NGO met in September and December 2011.
- **Training** – Training participating NGO staff in undertaking the process and outcome evaluation of the services (using train-the-trainer model) will take place in May 2012;
- **Data collection, analysis and reporting** – Collecting and processing evaluation data from the participating NGO peer support services; providing reports on that data; and aiding those services to analyse and respond to evaluation findings
- **Research outcomes** - modifying resources and procedures to support non-government organisations to initiate and undertake ongoing evaluation and research of peer support services; preparing reports; disseminating findings of project.

The project will follow an iterative process where each phase is informed by the one before, led by the people and services involved.

We are currently in the process of seeking ethics approval.

A Toka Tū website is coming soon. Look out for the link to it from the websites of participating NGO's or on the Kites website www.kites.org.nz

If you would like to be on the database to receive further updates about Toka Tū or if you have further questions about the project please contact us tokatu@kites.org.nz

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