Outcome Tools for Consideration

June 2013

The following is a summary of outcome tools which were considered by the Leadership group of the Toka tū Project.

The criteria in which these tools have been considered is in relation to the Toka Tū project (www.tokatu.org.nz) and the outcomes the project is seeking. Usability is considered in terms of administration and if database development is required. In terms of the advantages and disadvantages these are subjective judgements and in no way intended to be authoritative conclusions about any of tools listed.

The relationship to valued outcomes again is specific to the Toka Tū project. Valued outcomes for consumers have been identified as relationships, quality of life, recovery, cultural identity, fulfilment, learning and growth, resources. The tools considered are:

Hua Oranga   Warwick-Edinburgh Mental Wellbeing Scale

WHOQOL-Bref NZ version   Planning for Outcomes (Wellink Trust)

Taku Reo Taku Mauri Ora   CDOI. Outcome Rating Scale (ORS) and Relationship Rating Scale (RRS)

Adaption of the Human Givens Tool (Balance Whanganui)

WHOQOL-Bref NZ version

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Hua Oranga Individual measure	Administration	Database	Advantages and Disadvantages	Relationship to valued outcomes
Based on Te Whare Tapa Whā model for Maori wellbeing. Te Taha Wairua (Spiritual Dimension), Taha Hinengaro (Mental Dimension), Te Taha Tinana (Physical Dimension), Te Taha Whanau (Family Dimension) Designed for use in a service which delivers within the Whare tapa whā health model at 5 points: assessment, inpatient, outpatient, community care and community support.	**Raters:** consumer, family, service provider. All of the ratings amount to one outcome measure **Completion time:** 10-15 mins **Format:** pen and paper The tool may be applied at any point where an outcome is expected or anticipated	The Outcomes Recording Analysis (ORA) database is an online tool for Maori Mental health providers to collect, administer and interpret Hua Oranga information. Data that is entered into the ORA database is direct from the Hua Oranga questionnaire sets that mental health providers use manually. Data will be stored and updated in the database by a designated data entry person from the individual service providers.http://www.oradatabase.co.nz/aboutus.php	**Advantages** Validated, brief, Existing database **Disadvantages** Three people have to complete for one measure. For use in Maori services only. Attributes the outcome to the intervention of the service	**Includes:** Relationships, cultural identity, whānau/bonding, community, connectedness, physical health **Doesn't include:** Empowerment, autonomy, feeling safe, basic needs/resources

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| WHOQOL-Bref NZ version:

Individual measure	Administration	Database	Advantages and Disadvantages	Relationship to valued outcomes:
Looks at physical health, psychological health, social relationships and environment

Used in addiction and mental health services | **Rater:** self-administered but could be done in interview as well

Completion time: about 5 minutes

Format: pen and paper

The tool is completed once every two weeks | Anyone intending to use it must register with the NZ WHOQOL group. Contact person rex.billington@aut.ac.nz

Pathways use WHOQUOL and use their own database (Wild Bamboo) to collect information.

Connect SR are developing a way of benchmarking WHOQOL across organisation and are also adding in Recovery Star. | **Advantages:**

Used in addiction and mental health services

Brief, validated for use in New Zealand

Disadvantages

Asks specific questions about " personal relationship"

Changing scales | **Includes:**

Physical health, psychological wellbeing, control over one's life, social relationships and the environment, transport, culture

Does not include:

Resources (financial) |

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Taku Reo Taku Mauri Ora. Individual, self-assessed measure	Administration	Database	Advantages and Disadvantages	Relationship to valued outcomes
Measures relationships, day to day life, culture, physical health, quality of life, mental health, recovery, hope and empowerment, spirituality, resources, satisfaction with services, Specific Maori section: Whanaungatanga, Te Reo mo ōnā Tikanga	**Rater:** individual, self-assessed **Completion time:** about ten minutes **Format:** pen and paper, electronic version being currently developed by Kites Trust The tool is completed once a week	Some development undrway, but needs fine tuning	**Advantages** Consumer led and developed for New Zealand **Disadvantages** Length	**Includes:** All the outcomes considered valuable to consumers

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Outcome Measure used by Balance based on the **Human Givens tool** Individual measure	Administration	Data entry	Advantages and Disadvantages	Relationship to valued outcomes:
Measures security, attention, autonomy, emotional connectedness, relationships, belonging to the community, sense of competence and achievement, meaning and purpose, privacy. Additional questions about the questionnaire itself.	**Completion time:** About 5 minutes **Format:** Pen and paper It can be completed on entry level and then monthly intervals.	Excel spread-sheets Balance Whangaui are adapting MS Dynamics (Contract Relationship system) into a shared information system. This can manage contracts, events and surveys. Linked to SharePoint which can store large amounts of information. Balance Whanganui hope to have the survey tool tracked and reports come from it onto a real-time dashboard that is linked to KPI's in the system.	**<u>Advantages</u>** Being used by Balance Whanganui **<u>Disadvantages</u>** Limited scale, does not capture small changes	**<u>Includes</u>** Relationships, autonomy, recovery, meaning, purpose, hope, personal strengths, empowerment **<u>Does not include</u>** Culture, spirituality, basic needs, physical health.

Warwick-Edinburgh Mental Wellbeing Scale Individual measure	Administration	Database	Advantages and Disadvantages	Relationship to valued outcomes:
Relationships, self-esteem, energy, confidence, mood, interest in life, problem solving.	**Rater:** Individual **Completion time**: about 5 minutes **Format:** Pen and paper It is freely available but prospective users should register with Dr Kulsum Janmohamed K.janmohamed@warwick.ac.uk or Professor Sarah Stewart-Brown sarah.stewart-brown@warwick.ac.uk.	Data entered into an excel spread-sheet and produces graphs.	**Advantages** Does ask about how you are feeling. Brief. **Disadvantages** Is a wellbeing measure rather than an outcome measure	**Includes** Hope, autonomy, one question about relationships **Does not include:** Family/whānau, community, spirituality, resources, physical health

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"Planning for Outcomes" (Wellink) Individual measure	Administration	Database	Advantages and Disadvantages	Relationship to valued outcomes:
Measures: Housing, accommodation, money and finances, education, training and work (paid and unpaid) mental health, physical work, culture, relationships, autonomy, hope, quality of life & spirituality. Used as a measure for whānau, for community development and as a self-assessment measure for the individual, for recovery planning and organisational planning.	**Rater:** consumer, support person **Format** Picture format (star) pen and paper. The star is completed either in conversation with peer worker or in a workshop. The star correlates with the Outcomes Matrix which has four domains (personal, clinical, cultural, social). Within these domains are different stages (crisis, at risk, stable/supported, self-sufficient, and thriving). People can rate themselves at different points on the star which directly relates to the stages on the matrix. **Completion time**: about 5 minutes	Wellink Trust uses a database which can produce a matrix	Wellink Trust uses it Brief, Designed for New Zealand use in conjunction woth Wellink mental health service provider	Most of the outcomes considered important to consumers

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CDOI **Client Directed Outcomes Informed Therapy** Individual Measure	Administration	Database	Advantages and Disadvantages	Relationship to the valued outcomes
2 parts: **1.Outcome Rating Scale (ORS)** Measures: Personal well-being, interpersonal relationships (family, friends) social relationships and overall well-being **2.Relationship Rating Scale (RRS)** Measures the peer relationship including validation, goals and topics, supportive/encouraging role and overall relationship with peer	**Rater-** consumer **Format-** pen and paper. A ten centimetre scale in which people rate their well-being and rate the peer relationship To use the tools a license must be purchased from https://heartandsoulofchange.com Web based clinical tool available on http://www.myoutcomes.com Administration and Scoring Manual available from Talkingcure.com **Completion time:** A few minutes		**Advantages** Used by Wesley (NZ) Brief, validated Measures the peer relationship Well resourced **Disadvantages** Very General, not specific	**Includes:** Measures the peer relationship, social relationships, relationships with family and friends **Doesn't include** Does not include spirituality, physical health, resources, cultural identity, empowerment, autonomy, feeling safe, recovery, hope.

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