

# Evaluating and Evidencing Peer Support

- \* Kate McKegg (Kinnect Group)
- \* Marge Jackson (Kites Trust)



Ahakoā akina a tai, akina a hau, he toka tū toka ahuru tatou

Although the tides and winds may come crashing down upon us,  
like a rock we stand resilient and comfortable in the face of adversity.

[www.tokatu.org.nz](http://www.tokatu.org.nz)



# Peer Support

**Organised support based on a shared experience of emotional and/or psychological pain.**

**It is a system of giving and receiving help founded on key principles of respect, shared responsibility, and mutual agreement of what is helpful.**

**The peer relationship is purposeful, non-judgemental, strengths based and recovery focused. The connections and trusting relationships that are formed lead to hope and movement toward achieving goals and dreams**

# The Why

Focus on evidence based practice



Consumers may miss out on services that are helpful to them



Peer support is often delivered by NGOs



Capacity and capability

# The people



# The questions

- \* What are the processes and outcomes being supported by NGO peer- support services?
- \* What are the resources and procedures that will support NGOs to initiate and undertake on-going evaluation of peer support services?

# Developmental approach

- \* Each stage informed by the other

- \* Process evaluation

*How well are peer support services being delivered and implemented?*

- \* Outcome evaluation

*To what extent are outcomes of value being achieved for the consumers of the peer support services?*



# Ethics Approval



# A change in approach

# Maori Participation



# Diversity

# Research and Evaluation

# Current Situation

# Conclusion